Physical Education – Assessment Steps

early steps >>> building skills and knowledge >>> applying skills

Enjoying taking part → Joining in sports and exercise → Showing preferences for preferred sports → Healthy choices → Choosing to exercise → Regular exercise → Organising sports, exercise and events

Fun with sports equipment → Sharing sports equipment → Turn taking → Play two player games. → Team games

Notice familiar equipment → Show awareness of cause and effect → Striking → Dexterity and coordination → Estimating direction , speed, power. → Developing accuracy

My movements → Lifting head and limbs → Direction and instruction → Using spaces → Coordinating with a partner → Coordinating in a group → Performing to audience

Recognising equipment → Setting up → Aim of games → Scores → Rules → Tactics

Special Olympics

‘Motor Activity Training Program’

Produced using Youth Sports Trust, NC guidance, Motor Activity Training Programme, birth to 5 matters