

## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.

### Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. [www.msc.org](http://www.msc.org)



### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=IprLink>



Nottingham Catering  
Eat Culture - Education

# LUNCHTIME

Oak Field

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



## Pizza Monday

Cheese and Tomato Pizza

Served with Garlic Bread & Coleslaw

Crunchy Carrot & Cucumber Batons or Crispy Fresh Salad

Potato Cheese Bake served with Broccoli

Jelly & Fruit Syrup Sponge & Custard  
Fresh Fruit Salad

## Tuck In Tuesday

Hot Dog or Veggie Hot Dog

Served with Potato Wedges

Baked Beans or Crispy Fresh salad

Veggie Balls served with Mashed Potatoes and Cauliflower

Jam Drop Biscuit  
Jam Sponge & Custard  
Fresh Fruit Salad

## Roasty Toasty Feast Wednesday

Roast Turkey with Gravy or Quorn Roast with Gravy

Served with Mashed Potatoes & Yorkshire Pudding

Carrots & Broccoli

Cottage Pie served with Broccoli

Apple Muffin with Custard or Fresh Fruit Salad

## Around the World Thursday

Beef Spaghetti Bolognese

Served with Baguette Slice

Crunchy Carrots or Crispy Fresh Salad

Vegetable Moussaka served with Cauliflower

Chocolate Crispy Cakes  
Chocolate Muffin & Custard  
Fresh Fruit Salad

## Fish Friday

Fish Fingers

Served with Crispy Oven Chips & Tomato Sauce

Peas or Crispy Fresh Salad

Jamaican Quorn Curry served with Rice or Mashed Potatoes

Marble Cake with Custard  
Fresh Fruit Salad



Main

Seasonal Veg/Salad

Soft Mashable

Dessert



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### Pizza Monday



### Tuck In Tuesday

### Roasty Toasty Feast Wednesday

### Around the World Thursday

### Fish Friday

Cheese & Vegetable Pizza  
Jerk Quorn served with Rice

Beef Burger or Quorn burger

Roast Pork with Gravy or Quorn Roast

Chicken Curry Served with Flatbread & Rice

Bubble Fish Fillet



Served with Garlic Bread & Coleslaw

Served with Diced Potatoes

Served with Cloudy Mash Mountains Yorkshire Pudding

Served with Crispy Oven Chips & Tomato Sauce

Carrot & Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

Carrots & Broccoli

Sunshine Sweetcorn or Crispy Fresh Salad

Peas or Crispy Fresh Salad

Jerk Quorn served with Mashed Potatoes & Carrots

Sweet Potato Curry with Mashed potato or Rice and Carrot & Swede

Quorn Crumble served with Mashed Potatoes Carrots & Broccoli

Teriyaki Quorn served with Mashed Potatoes or Rice, Cauliflower & Broccoli

BBQ Quorn served with Mashed Potatoes Cauliflower & Carrot

Oaty Cookies  
Orange Sponge with Custard  
Fresh Fruit Salad

Cornflake Tart & Custard Bakewell Muffin with Custard or Fresh Fruit Salad

Chocolate Shortbread  
Chocolate Sponge & Custard  
Fresh Fruit Salad

Iced Mandarin  
Sponge & Custard  
or Fresh Fruit Salad

Iced Carrot & Pineapple Muffin with Custard  
or Fresh Fruit Salad

Main

Seasonal Veg/Salad

Soft Mashable

Dessert



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### Pizza Monday

Ham Pizza or Cheese & Tomato Pizza

Served with Garlic Bread & Coleslaw

### Main

### Tuck In Tuesday

Homemade Pork Sausage Roll or Cheese Snack

Served with Potato Wedges

### Roasty Toasty Feast Wednesday

Roast Chicken with Gravy or Veggie Sausage with Gravy

Served with Cloudy Mash Mountains Yorkshire Pudding

### Around the World Thursday

BBQ Chicken

Served with Flatbread & Rice

### Fish Friday

Breaded Fish Portion or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

### Seasonal Veg/Salad

Carrot & Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

### Soft Mashable

Cheese & Vegetable cobbler served with Mashed Potato & Broccoli

Cheese Frittata served with Carrot & Swede)

### Dessert

Flapjack & Raisins  
Lemon Sponge with Custard  
Fresh Fruit Salad

Ice Cream & Fruit  
Peach Sponge with Custard  
or Fresh Fruit Salad

Chocolate & Orange Cookie  
Chocolate & Orange Sponge with Custard  
or Fresh Fruit Salad

Bakewell Muffin & Custard  
or Fresh Fruit Salad

Chocolate Fudge Pudding & Custard  
or Fresh Fruit Salad

