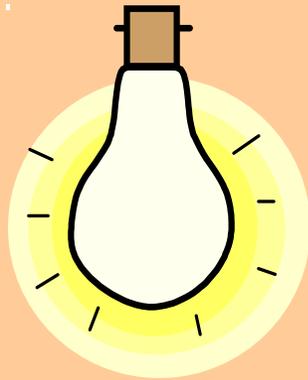
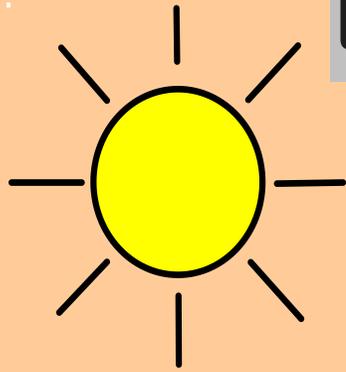
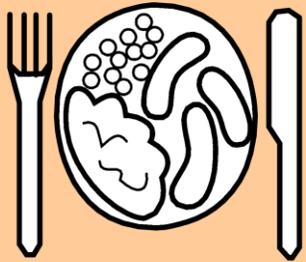


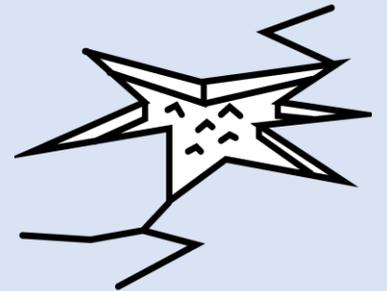
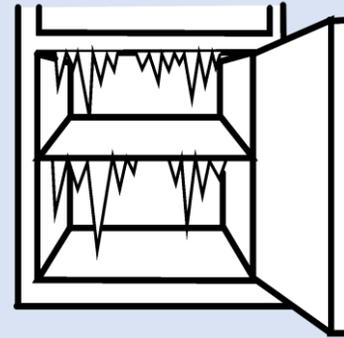
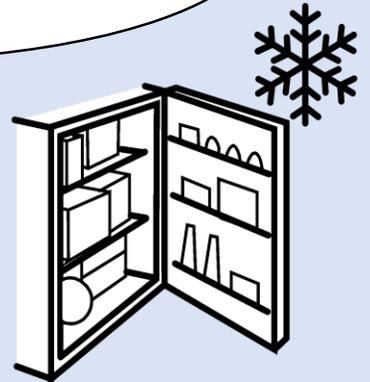
Energy



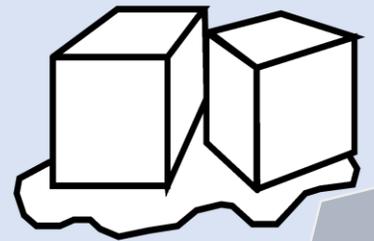
Heating



We'd expect you to do this with family's help.

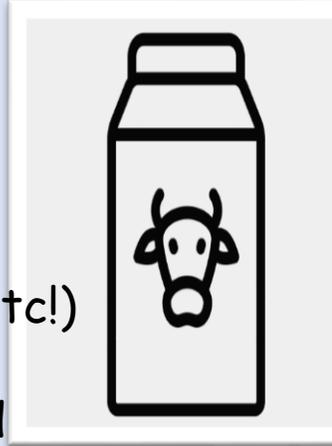
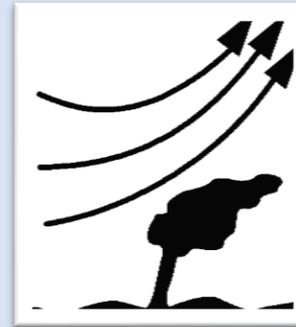
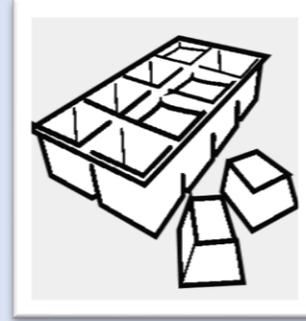


Cooling





cold



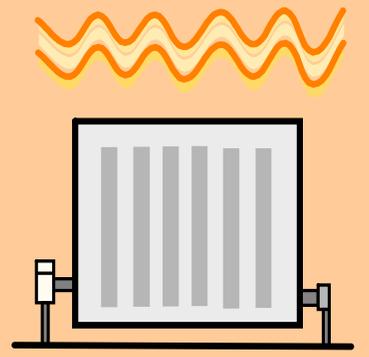
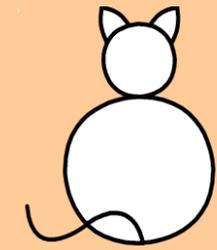
- ice cubes (or peas etc!)
- chilled bottle
- someone's cold hand
- wind outside
- open door or window in winter



Find cold things!

Use the word and sign for cold every time you find one.

Feel each one carefully.



- radiator
- hot food
- hottie / hot water bottle
- someone's warm hand
- warm drink
- your armpit!
- a pet?



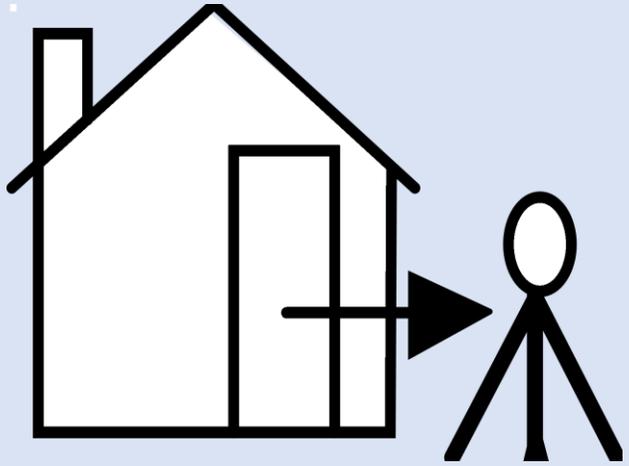
Created by Becca O'Shea
from Noun Project

Find warm things!

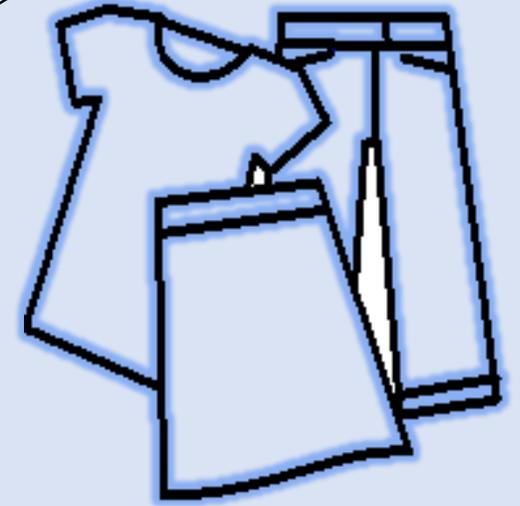
Use the word and sign for warm every time you find one.

Feel each one carefully.

You can use the word hot too, but be careful.



Choose using your eyes,
hands, or best yes and
no.... Your expressions?



Go out into the cold

Choose your clothes before the trip.

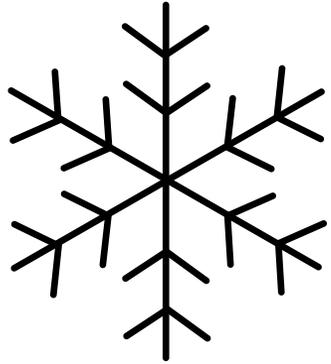
shorts or trousers

a t-shirt or vest

another t-shirt or a jumper

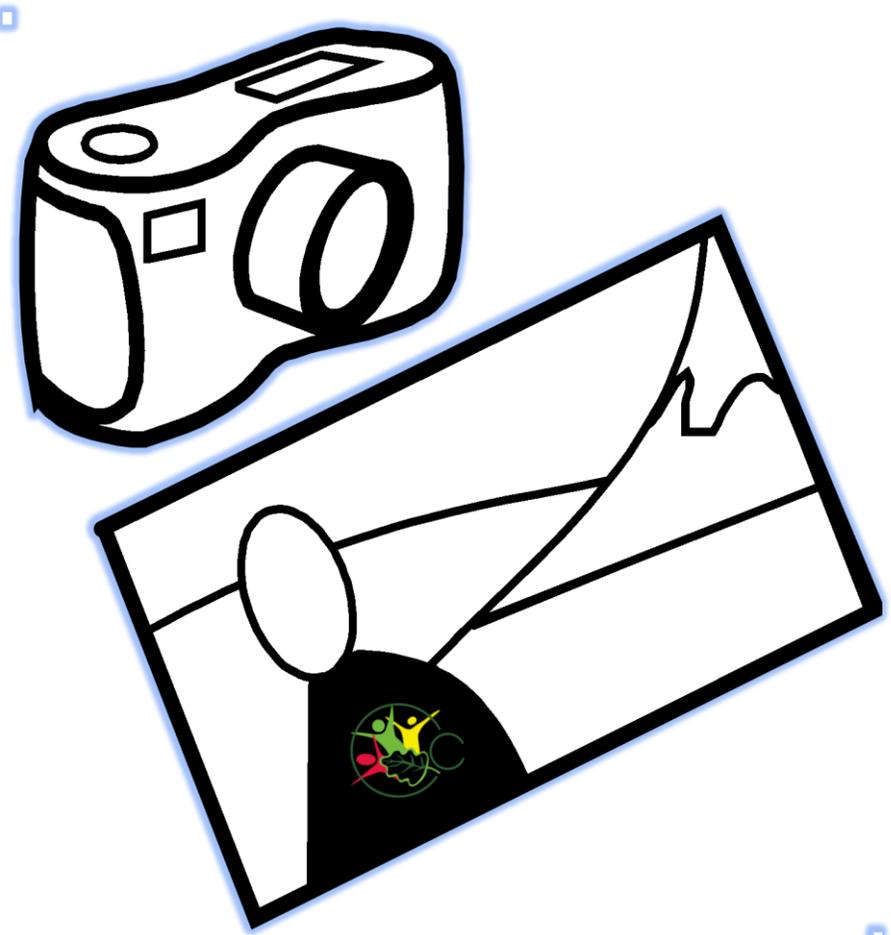
hat or no hat

a thick coat or thin coat



Is it cold or warm clothing you have chosen?

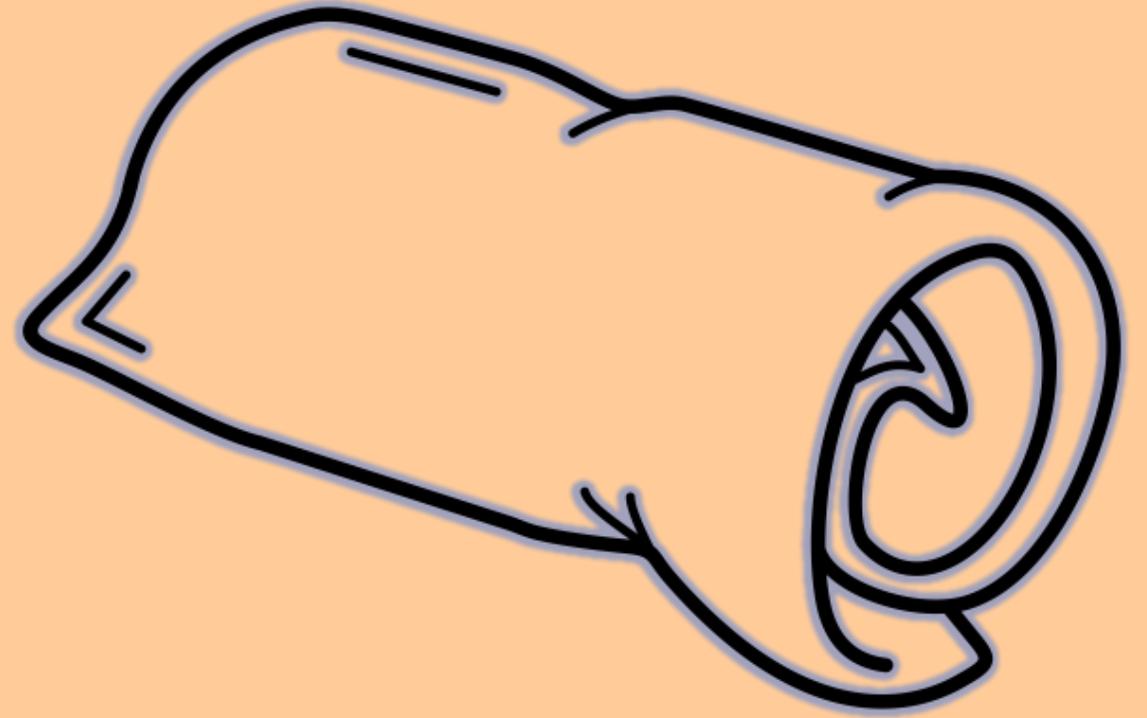
Take a photo!



**Send it to
admin@oakfield.nottingham.sch.uk**



Stay in the warm



Find warm blankets

How many blankets do you like?

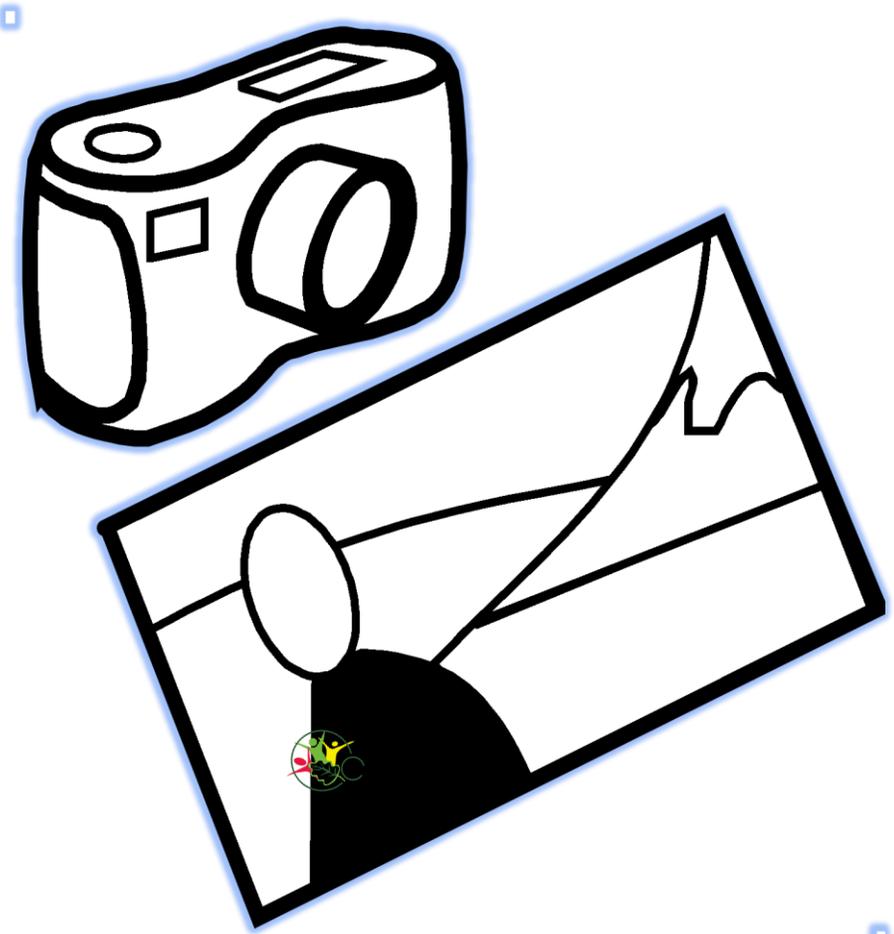
How many are comfortable?

Put extras on.... can you take them off? Do you complain?

Don't be too long...you don't want to get too hot!



Take a photo!



**Send it to
admin@oakfield.nottingham.sch.uk**