

About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals. Check your eligibility and apply at www.gov.uk/apply-free-school-meals

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=lprLink>



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. www.msc.org

 Nottingham Catering
Eat Culture - Education

LUNCHTIME

Oak Field

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



Fishy Feast Monday



Main

Fish fingers served with chips, tomato sauce, peas or crispy fresh salad

Around the world Tuesday

Salt & pepper chicken with rice, flatbread & seasonal vegetables

Carvery Wednesday

Pork sausage with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Tuck In Thursday

Mince beef Lasagne & baguette slice with seasonal vegetables

Pizza Party Friday

Cheese & tomato pizza served with Potato wedges/diced beans or crispy fresh salad

Vegetarian

Fishless fingers served with chips, peas or crispy fresh salad

Halal chicken or Veggie Sausage with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Macaroni cheese with baguette slice & seasonal vegetables

Soft mashable

Vegetable curry served with Mashed potatoes or rice and seasonal vegetables

Salt & pepper quorn with mashed potatoes or rice, flatbread & seasonal vegetables

Quorn crumble served with mashed potatoes and seasonal veg with gravy

Quorn cottage pie served with seasonal vegetables and gravy

Potato & cheese bake served with seasonal vegetables

Yummy Dessert

Chocolate muffin with Custard or Fresh Fruit Salad

Marble cake & custard or Fresh Fruit Salad

Oaty Cookie with milk Apple sponge & custard or Fresh Fruit Salad

Lemon shortcake slice Lemon sponge & custard or Fresh Fruit Salad

Carrot & pineapple muffin & custard or Fresh Fruit Salad



LUNCHTIME

Oak Field

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Fishy Feast Monday

Around the world Tuesday

Carvery Wednesday

Tuck In Thursday

Pizza Party Friday

Main

Fish fingers served with chips, tomato sauce, peas or crispy fresh salad

Chicken kebab with rice & flatbread served with seasonal vegetables or crispy fresh salad

Roast chicken with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Homemade sausage roll with mashed potato & seasonal vegetables

Ham & cheese pizza served with diced potatoes & sweetcorn or crispy fresh salad

Vegetarian

Veggie sausage served with chips, peas or crispy fresh salad

Quorn fajitas wrap with rice & seasonal vegetables or crispy fresh salad

Quorn roast with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Pizza pasta with baguette slice & seasonal vegetables or crispy fresh salad

Cheesy margarita pizza served with diced potatoes & sweetcorn or crispy fresh salad

Something Different

Sweet potato curry served with mashed potatoes or rice and seasonal vegetables

Quorn fajita served with mashed potatoes and seasonal vegetables

Quorn casserole with gravy served with mashed potato & seasonal vegetables

Quorn Balls served with mashed potatoes and seasonal vegetables

BBQ quorn served with mashed potatoes & seasonal vegetables & gravy

Yummy Dessert

Strawberry Ice cream & fruit
Chocolate sponge & custard or
Fresh Fruit Salad

Iced mandarin sponge & custard or
Fresh Fruit Salad

Syrup sponge & custard, Shortbread cookie & milk or
Fresh Fruit Salad

Vanilla sponge with sprinkles & custard or
Fresh Fruit Salad

Flapjack & raisins
Banana Muffin & custard or
Fresh Fruit Salad





LUNCHTIME

Oak Field

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Main

Fishy Feast Monday

Battered fish served with diced potatoes, beans or crispy fresh salad

Around the world Tuesday

Chicken punjabi curry served with rice & flatbread, seasonal vegetables or crispy fresh salad

Carvery Wednesday

Roast chicken with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Tuck in Thursday

Pork hot dog served with potato wedges/diced potatoes & sweetcorn

Pizza Party Friday

Ham & cheese pizza served with garlic bread & crunchy carrot Sticks or crispy fresh salad



Vegetarian

Fishless fingers served with diced potatoes, beans or crispy fresh salad

Vegan roast with gravy served with mashed potato, seasonal vegetables & yorkshire pudding

Veggie hot dog with potato wedges/diced potatoes & sweetcorn

Cheesy margherita pizza served with garlic bread & crunchy carrot sticks or crispy fresh salad



Something Different

Jamaican curry served with mashed potatoes or rice and seasonal vegetables

quorn punjabi curry served with rice & flatbread, or mashed potatoes seasonal vegetables

Quorn cobbler with mashed potatoes, seasonal vegetables and gravy

Jerk quorn with mashed potatoes and seasonal vegetables

Cantonese style quorn with mashed potatoes & seasonal vegetables

Yummy Dessert

Jelly & fruit
Peach Sponge & custard
or
Fresh Fruit Salad

Iced sponge with sprinkles & custard
or
Fresh Fruit Salad

Cornflake Tart & custard
lemon sponge & custard
or
Fresh Fruit Salad

Melting moments
biscuit & Milk
Buffalo sponge & custard
or
Fresh Fruit Salad

Chocolate brownie & custard
or
Fresh Fruit Salad

